

STAGE 8: YORK TO BENINGBROUGH HALL



To Ripon and Middlesbrough

FINISH OF FULL TOUR

ENJOY THE SLOW TOUR ON THE NATIONAL CYCLE NETWORK!



The Slow Tour is a guide to 21 of the best cycle routes in Yorkshire.

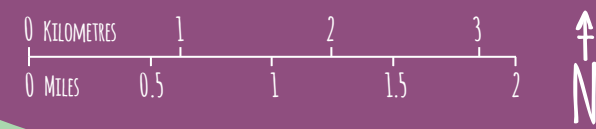
It's been inspired by the Tour de France Grand Depart in Yorkshire in 2014 and funded by Public Health Teams in City of York and North Yorkshire Councils. All routes form part of the National Cycle Network - more than 14,000 miles of traffic-free paths, quiet lanes and on-road walking and cycling routes across the UK.

This route is part of National Route 65, so just follow the signs!



TAKE A BREAK!

- Skelton Garden Centre Café
- The Sidings
- Home Farm Shop and Café
- Beningbrough Hall Walled Garden Restaurant



KEY

- Slow Tour route On-road / Traffic-free
- National Cycle Network On-road / Traffic-free
- Other cycle routes
- National Cycle Network route number
- Café / Pub
- Restaurant / Shop
- Railway with station
- Cycle hire
- Access point
- Take care here
- Bus interchange
- Historic attraction
- Picnic spot / Gardens

THINGS TO SEE AND DO

York
The beautiful and historic walled city of York has countless attractions! York Minster and the Museum Gardens are within easy reach of this route. www.visitork.org

Sculptures
Look out for sculptures on route including a miniature Forth Bridge and a yellow Milepost, painted by Sustrans Volunteers in 2014 to celebrate the Tour de France in Yorkshire.

Play Areas
About 30 minutes from York, turn right at a blue cycling sign to "Rawcliffe". You will find Rawcliffe Country Park, a BMX Pump Track and a children's play area.

Beningbrough Hall
A fantastic C18th mansion, park and gardens with interactive galleries, pictures from the National Portrait Gallery and a Walled Garden Restaurant. www.nationaltrust.org.uk/beningbrough-hall/



BIKE HIRE

You can hire bikes from Cycle Heaven at York Train station. Turn right out of the main entrance and the shop is just on the right. www.cycleheaven.co.uk
Get Cycling in York can deliver a variety of hire bikes to you at the train station, including childrens' and disability bikes. www.getcycling.org.uk

MAKING IT EASIER FOR YOU

Avoiding narrow route
The first part of the route to Skelton is not suitable for bikes wider than 1m. Start your Tour at Skelton Garden Centre and follow National Route 65 along quiet country lanes to Beningbrough Hall.

Avoiding steps
To avoid steps over Scarborough Bridge, turn right before the Bridge and follow the riverside path towards York. Go under the arch, turn right and walk over this bridge (Lendal Bridge) to the other side of the river. Turn left before the Museum Gardens down a slope and re-join the riverside path to Beningbrough.

TAKE CARE!

- Share the path. Give way to pedestrians and wheelchair users.
- Take care at the road junctions just past Skipton.

YORK TO BENINGBROUGH

Full Tour to Beningbrough Return 18 miles, about 3 hrs
Short Tour to Skelton Return 8 miles, about 2 hours

This beautiful ride takes you from the historic walled city of York along National Route 65 on a flat traffic-free riverside path along the Ouse and then along quiet country lanes, ending at the splendid C18th Beningbrough Hall and its delightful Farm shop and café.

- Exit York Station by the Short Stay Car Park Ramp (at the end of Platform 4), turn left at the riverside path, then immediately right over Scarborough Bridge.
- Double back through the archway over the bridge and follow signs for National Route 65 to Skelton along the riverside path. You pass through grazed meadowland and attractive woodland and several interesting sculptures. After 45 minutes, you come to a lane with a cycling sign to Skelton ¼ mile.
- **For the Short Tour**, turn right along this lane and cycle to the main road. Turn right and walk 50m along the pavement to the Skelton Garden centre and café.
- **For the Full Tour**, turn left following National Route 65 signs through the pretty villages of Overton and Skipton. Turn left when you see signs to Beningbrough Hall. You arrive at the Hall 15 minutes later.
- Enjoy the Farm shop and café or explore the magnificent Hall and gardens.
- Retrace the route back to York.



STAGE 8

York to Beningbrough Hall

SLOW TOUR OF YORKSHIRE

ON THE NATIONAL CYCLE NETWORK



The Slow Tour is a guide to 21 of the best cycle routes across Yorkshire on the National Cycle Network.

The routes have something for everyone, whether you are a family, new to cycling or a regular cyclist. You can take public transport to the start of most routes and hire bikes there too.

**Tourist attractions ● heritage sites
 cafés and pubs ● picnic spots ● canals
 museums ● playgrounds ● artwork
 and more!**

If you like this route, try out the other 20!

Download your free maps at
WWW.SUSTRANS.ORG.UK/SLOWTOUROFYORKSHIRE



York to Beningbrough is part of the 170 mile (274km) Way of the Roses coast2coast route

ENJOY A GREAT CYCLING DAY OUT... AT YOUR OWN PACE!



Photography: Cover Beningbrough Hall © National Trust Images / John Millar
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