

STAGE 6: SETTLE TO CLAPHAM



BIKE HIRE
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ENJOY THE SLOW TOUR ON THE NATIONAL CYCLE NETWORK!

The Slow Tour is a guide to 21 of the best cycle routes in Yorkshire. It's been inspired by the Tour de France Grand Départ in Yorkshire in 2014 and funded by Public Health Teams in the region. All routes form part of the National Cycle Network - more than 14,000 miles of traffic-free paths, quiet lanes and on-road walking and cycling routes across the UK.

This route is part of National Cycle Route 68, so just follow the signs.

KEY

- Slow Tour route
On-road / Traffic-free
- National Cycle Network
On-road / Traffic-free
- 68 National Cycle Network route number
- Café / Pub
- Restaurant / Shop
- Railway with station
- Cycle hire
- Access point
- Take care here
- Attraction

TAKE A BREAK!

- Gamecock Inn, Austwick, is a traditional pub with a beer garden and great food
- New Inn, Clapham, is a beautiful five star 18th Century Coaching Inn that has a seasonal and kids menu.
- Croft Café, Clapham offers a warm welcome and great selection of cake.

THINGS TO SEE AND DO

Museum of North Craven Life at The Folly, Settle
 A slight detour but worth it to learn more about the areas rich history.

Stainforth Force Waterfall
 The River Ribble tumbles over a series of beautiful cascades. There are grassy banks for a picnic and it's also a good place for paddling.

Ingleborough Cave and Nature Walk, Clapham.
 This popular 2 km walk passes a lake, and takes you through a wooded valley to the open dale and entrance to the cave.



TAKE CARE !

- The route follows quiet roads but the centre of Settle can be quite busy so take care.
- From Settle to Swarth Moor is a long, steady climb.



SETTLE TO CLAPHAM

Settle to Clapham 20 mile round trip (10 miles each way). This is approximately 3 hours.

This beautiful ride runs along the western edge of the Yorkshire Dales with views over towards Lancashire and the Forest of Bowland. From the vibrant market town of Settle, it travels along quiet country lanes through the beautiful village of Austwick, before arriving in Clapham with its great cafes and nature trail. Please note that there is a 3 mile steady climb at the start of this route.

- Exit historic Settle Station, turn right and left at the T-junction to reach the middle of Settle. Leave the Market Square along Church Street in the direction of Giggleswick.
- Continue over a bridge and past Settle College.
- Follow this road through Little Stainforth up to Swarth Moor where there are fine views of Pen-y-ghent. Here you can visit Stainforth Force, a beautiful waterfall.
- The main climb over, descend a series of sweeping bends to the lovely village of Austwick - its pub, shops and playground make it a great place to stop for refreshments and a rest.
- Out of Austwick, continue until the A65. Take the signed off-road cycle path avoiding this main road. Re-join the road into the village of Clapham with yet another fine pub and a choice of cafes all grouped around an attractive old bridge over the River Wenning.
- To return by train, go down Station Road signed to Clapham Station. Cross the A65 via an underpass and continue to the Station. Please note: trains run infrequently and they have a two bike capacity. If you're feeling energetic, retrace the route to Settle.



OVERVIEW MAP



The Slow Tour is a guide to 21 of the best cycle routes across Yorkshire on the National Cycle Network.

The routes have something for everyone, whether you are a family, new to cycling or a regular cyclist. You can take public transport to the start of most routes and hire bikes there too.

**Tourist attractions ● heritage sites
cafés and pubs ● picnic spots ● canals
museums ● playgrounds ● artwork**

If you like this route, try out the other 20.


**Download your free maps at
WWW.SUSTRANS.ORG.UK/SLOWTOUROFYORKSHIRE**



Settle to Clapham is part of Route 68 part of the National Cycle Network

STAGE 6

Settle to Clapham

SLOW TOUR 
OF YORKSHIRE
ON THE NATIONAL CYCLE NETWORK



**ENJOY A GREAT CYCLING DAY OUT...
AT YOUR OWN PACE!**

